

STEADY for LIFE

Presents

Rhythm of the Heartland

October 25 - 31, 2026

Tour Highlights:

Tour P. Allen Smith's Moss Mountain Farm
Evening at Arkansas' Simple Pleasures
Oklahoma City's Bricktown Water Taxi Tour
Queen Wilhelmina ~ Castle in the Clouds
Talimena National Scenic Byway
Oklahoma Country Music Hall of Fame
Small Towns & Big Sounds of Artists
Carrie Underwood • Blake Shelton
Garth Brooks • Reba McEntire
Okie From Muskogee - Old Glory Courthouse
Eskimo Joe's Jumpin' Juke Joint
American Banjo Museum
Murray's Dinner Theater
Special Performances & Entertainment
and so much more!

We invite you to experience Rhythm of the Heartland ~
a hand-crafted itinerary featuring the scenic byways and
sounds of the American Heartland

Costs include:

Deluxe Motorcoach transportation
6 nights hotel accommodations
16 included meals
6 breakfasts - 4 lunches - 6 dinners
Fully Escorted Tour
Luggage handling
Driver & Step-On Guide Gratuities

Steady For Life Members

Double: \$1990 Triple: \$1840

Quad: \$1740 Solo: \$2390

Non-SFL members +\$40 supplement to all pricing

**\$100 deposit due at time of registration
with final payment due September 7**

To Register:

- Complete Steady for Life registration form and submit with a check for deposit
- Check should be made payable to STEADY FOR LIFE and make a note "Rhythm of the Heartland" on the check
- Mail check to: **Steady for Life c/o Robin Engle**
7200 Avalon Drive Huntsville, AL 35802
- Final payment may be made by credit card if you choose. If paying by credit card, go to www.steadyforlife.org Select the pay button to go to credit card processing site.
NOTE: a 3.75% processing fee must be included.
- If paying final payment by VENMO (cash app with no fees), the payment goes to the Steady For Life accountant:
Robin.l.Engle@gmail.com Robin Engle-12
Enter your name and name of your trip.

Cancellation insurance through your personal carrier is encouraged.



Rhythm of the Heartland

TOUR ITINERARY

Sunday, October 25

Welcome friends! Board our awaiting luxury motorcoach for an afternoon of travel as we make our way to North Little Rock, Arkansas for an overnight stay. After check-in at the Tru by Hilton Hotel and an opportunity to refresh, we'll have dinner at the Purple Cow, home of the locally famous purple milkshakes for dessert. **(D)**

Monday, October 26

A wonderful night's rest prepares us for a day of adventure as we visit P. Allen Smith's Moss Mountain Farm. Here, we will enjoy views of the Arkansas River Valley. From the beautiful Greek Revival style home, you can meander the breathtaking gardens while meeting the resident farm animals before a delicious farm-to-table luncheon hosted by P. Allen. Later this afternoon we'll journey into the fall-flavored Ozark Mountains to the Bentonville-Rogers area for an evening of reminiscing and fun at Simple Pleasures. **(B,L,D)**

Tuesday, October 27

This morning, learn of Arkansas' giant native that has helped shape the worldwide rhythm of the retail industry, Wal-Mart, as we visit the Heritage Museum. Then, we're on to Oklahoma exploring the hometowns of some of Country Music's most revered artists. We'll be proud to visit Muskogee (like Merle Haggard), and have a photo with Old Glory at the Courthouse, tour the Oklahoma Country Music Hall of Fame, spend some time in Checotah (home to Carrie Underwood) and make our way to Oklahoma City for a 2-night stay. This evening we'll enjoy dinner and a narrated River-taxi cruise through the Bricktown district. **(B,D)**

Wednesday, October 28

Today we'll explore nearby Stillwater. First stop is a photo op in front of the former home of one of music's biggest stars: Garth Brooks. Then, it's on to Eskimo Joe's "Stillwater's Jumpin' Juke Joint" serving up charbroiled burgers and great music! This afternoon we'll tour The Farm. Considered the birthplace of red dirt music, a genre that takes its name from the color of the Oklahoma soil. The Farm is home to late Country-Folk songwriter Bob Childers, known as the father of red dirt music. After a refresh at the hotel, we will indulge in an exclusive Steady For Life evening at the American Banjo Museum, complete with dinner and live entertainment. **(B L D)**

Thursday, October 29

Going deeper into the Oklahoma heartland we will learn stories of songwriters Mae Boren Axton (who co-wrote the Elvis Presley smash hit "Heartbreak Hotel") and her son Hoyt Axton, a singer-songwriter who penned hits like the Kingston Trio's "Greenback Dollar" and Three Dog Night's "Joy to the World" and "Never Been to Spain". This sets the stage for us to travel on to Tishomingo and lunch at Blake Shelton's Ole Red. A well-paced touring afternoon and overnight in McAlester will find us enjoying a delicious dinner at famed Reba's Place, owned by none other than Reba McEntire. **(B L D)**

Friday, October 30

A beautiful fall morning finds us traversing one of the most magnificent roads in the Heartland, the Talimena National Scenic Byway. This 54-mile route is known for spectacular views leading from Talihina, OK to Mena, AR. Once in Mena, we'll visit Queen Wilhelmina State Park Lodge, known as the Castle in the Clouds, for lunch and tour before making our way to North Little Rock this evening. We'll have time to refresh from our travels before enjoying Murray's Dinner Playhouse this evening. **(B L D)**

Saturday, October 31

A poignant visit to the Korean War Memorial, the Arkansas Inland Marine Museum (USS Razorback), Pedestrian Riverbridge and the Governor's Mansion will fill our morning. Afternoon travels will return us to Huntsville this evening, sharing stories of memories made with friends, old and new alike. **(B)**



No refunds can be issued after the final payment due date, as we will have already paid our vendors. You may transfer your trip to someone else for reimbursement from them, as long as the transaction happens 1 week prior to departure.