

Steady for Life

December 1-5, 2026



A Holiday Blend of History, Luxury, and Southern Hospitality



Your paragraph text



Tour Package Includes:

- Deluxe Motorcoach
- 4 Nights Lodging
- Roundtrip Luggage Handling
- 9 Meals + Gratuities
- Biltmore Mansion Tour & Dinner
- Guastavino Rhododendron Estate Tour
- Black Mountain Dinner & Show
- Barter Theatre Performance
- President Andrew Johnson House Tour
- Ancient Lore Village Tour & Lunch
- Dinner at Martha Washington Inn
- Birthplace of Country Music Museum

Tour Details::

A southern destination exploring the "Paris of the South" and Antebellum Inns.

Pricing	SFL Member	Non-Member
Single Occ.	\$1,995	\$2,035
Double Occ.	\$1,575	\$1,615
Triple Occ.	\$1,420	\$1,460
Quad Occ.	\$1,340	\$1,380

Payment Deadline: 10/8/2026

Your contact person is Kim Davis:
kim@steadyforlife.org and her cell # is 256-652-2912

Registration & Payment Information

DEPOSIT: \$100 deposit check & reservation form due at time of booking. A \$25 administration fee will be retained should you need to cancel. After final payments, trip vendors will be paid, and no refunds can be issued.

PAYMENT: If paying by check, make payable to STEADY FOR LIFE & notate for "2026 CHRISTMAS TOUR". Mail checks & form to: Steady for Life, 7200 Avalon Dr., Huntsville AL 35802. If paying in person, arrange to drop payment at the Steady for Life Studio located at 7901 Bailey Cove Rd., (south end of the Sandra Moon Community Center). If paying by credit card, go to www.steadyforlife.org, note a 3% processing fee will be applied. If paying by VENMO (cash app w/ no fees), @robin.l.ingle@gmail.com, (our staff accountant), please indicate which trip you're paying for.

Steady for Life Day-By-Day Itinerary

DAY ONE – DECEMBER 1, 2026: ASHEVILLE, NC

6:30 AM - Depart from Mayfair Church (1095 Carl T. Jones Drive, Huntsville) and 7:00 AM Depart from Asbury Church (980 Hughes Road, Madison) and travel to Asheville, NC where we will be spending two nights at the Hilton Biltmore Park. Upon arrival, we will enjoy a beautiful candlelight tour and dinner at the Biltmore Mansion. **(Dinner)**

DAY TWO – DECMEBER 2, 2026: ASHEVILLE & BLACK MOUNTAIN, NC

After breakfast at our hotel, we will travel to Black Mountain, NC for a tour of the area's rich history along with a visit to Rhododendron, Rafael Gustavino's estate, who came to NC to work on Biltmore House in the early 1890s. After our tour, we will enjoy an evening of barbecue and bluegrass at Aldridge Hall – home of Black Mountain Bluegrass and located on the grounds of Christmount Assembly in Black Mountain. **(Breakfast & Dinner)**

DAY THREE – DECEMBER 3, 2026: ABINGDON, VA

After breakfast at our hotel, we will be depart Asheville, NC and travel to Abingdon, VA for a matinee show at Barter Theater which opened its doors during the Great Depression, proclaiming "With vegetables you cannot sell, you can buy a good laugh." The price of admission was 35 cents or an equivalent amount of produce. Four out of five theatregoers paid their way with vegetables, dairy products and livestock. Following the show, we will check into the historic Martha Washington Inn, where we will also enjoy a scrumptious dinner at their onsite, award-winning restaurant. The Martha Washington Inn began life as the retirement home for General Robert Preston following his successes in the War of 1812. It was built in 1832 as a private residence for General Francis Preston and Sarah Buchanan Preston and their nine children. **(Breakfast & Dinner)**

DAY FOUR – DECEMBER 4, 2026: BRISTOL, VA & GREENEVILLE, TN

After breakfast at our hotel, we will depart Abington, VA and travel to Bristol, VA and Greeneville, TN. In Bristol, we will visit the iconic Birthplace of Country Music Museum. Following the tour, we will make our way to Greeneville, TN where will be overnighting at the historic General Morgan Inn and enjoy dinner at their onsite 4-star restaurant, Brumley's. The four-story historic General Morgan Inn is in the very heart of Greeneville's National Register Historic District and is a member of the National Trust Historic Hotels of America and the National Trust for Historic Preservation. **(Breakfast & Dinner)**

DAY FIVE – DECEMBER 5, 2026: KNOXVILLE, TN & ALABAMA

After breakfast at our hotel, we will tour President Andrew Johnson's Home before making our way to Knoxville, TN where we will stop for a tour and lunch at Ancient Lore Village. This quaint and whimsical village is a must-see hidden gem!! **(Breakfast & Lunch)**