



For Reservations  
Call  
877-953-8687

Steady for Life presents  
**Cape Cod & the Islands**  
Fall Foliage Tour

October 11-17, 2025

7 DAYS

**BOOKING  
DISCOUNT!**

Save \$100 Per Person  
\$200 Per Couple\*

**NO RISK DEPOSIT  
NO CHANGE FEES**

*Book Now and your Deposit is Risk Free with  
No Change Fees until Final Payment Due Date!  
See back for details\*\**



**TOUR RATES:**

Booking Discount\*: **\$3975** pp double

Regular Rate: **\$4075** pp double

Single Supplement: +\$825

\*See Reservation Info for Booking Discount details

Compass Club Members receive additional \$100 off for taking a previous Steady For Life trip with PWD.



# Cape Cod & the Islands

## DAY 1: FLIGHT TO BOSTON

Today fly to the historic city of Boston. Upon arrival meet your Tour Director and transfer to your Boston area hotel for a one night stay.

Overnight: **Boston area, MA**

## DAY 2: BOSTON CITY TOUR - PLYMOUTH - CAPE COD

This morning enjoy a **Boston City Tour** featuring Boston Commons, the Old State House, the Old North Church from where Paul Revere got the signal to start his famous ride, the Old South Meeting House, Beacon Hill and Old Ironsides. Visit the **Faneuil Hall Marketplace**, located in downtown Boston near the waterfront and originally gifted to the city in 1742. Later depart Boston and travel to Plymouth. Visit **Plimoth Plantation**, an accurate re-creation of the Pilgrim's 1627 village where costumed interpreters portray colony residents in this living history museum. Then celebrate the journey that brought the pilgrims to the New World as you visit the **Mayflower II**, the 1620 ship reproduction was recently renovated for the 400th Anniversary of the voyage. Also see famous **Plymouth Rock**, the place where the Pilgrims first stepped ashore after a 66 day

trans-Atlantic voyage. Later arrive at your hotel on Cape Cod for a 5-night stay. Enjoy a **Welcome Dinner** this evening with your fellow travelers.

✕ (B,D) Overnight: **Hyannis/Yarmouth, MA**

## DAY 3: MARTHA'S VINEYARD

This morning enjoy a scenic ferry ride to famous **Martha's Vineyard** where little has changed since European settlers arrived early in the 17th century. The island's resident population includes writers, artists, entertainers and fishermen. Your **Martha's Vineyard Tour** includes the colorful Victorian cottages of Oak Bluffs, Edgartown with its stately houses built by whaling captains, pristine beaches and colorful yacht harbors. Later return via ferry and back to your hotel.

✕ (B) Overnight: **Hyannis/Yarmouth, MA**

## DAY 4: CAPE COD NAT'L SEASHORE - CRANBERRIES - P'TOWN

This morning travel along the **Cape Cod National Seashore**, dedicated in 1961 by President JFK, which features forty miles of pristine sandy beaches, marshes, ponds, and uplands supporting diverse species of wildlife dotted with lighthouses, cultural landscapes and wild cranberry

bogs. Visit a traditional **Cranberry Bog** and learn about the harvesting of Cape Cod's famous fruit. Later arrive in **Provincetown**, located on the tip of Cape Cod which boasts a lively artist community, beautiful beaches, great restaurants and charming shops. Enjoy some leisure time to relax, eat and shop. Late afternoon return to your Cape Cod hotel. Dinner is included this evening at a popular local restaurant.

✕ (B,D) Overnight: **Hyannis/Yarmouth, MA**

## DAY 5: NEWPORT, RHODE ISLAND

Today visit **Newport, Rhode Island**, one of New England's most delightful coastal cities and a long time favorite vacation site of affluent socialites and yachting enthusiasts. Enjoy a **Newport City Tour** and drive by the **Touro Synagogue**, the oldest synagogue in America, the **International Tennis Hall of Fame** and the splendid estates along **Bellevue Avenue**. Marvel at the extravagant life-style of a bygone era with a guided tour of **The Breakers Mansion**, the Vanderbilt's lavishly decorated turn of the century mansion. Then follow "Ten-Mile-Drive" along the magnificent rocky coast which boasts exquisite estates from the early 1900's.

✕ (B) Overnight: **Hyannis/Yarmouth, MA**

## DAY 6: NANTUCKET ISLAND

This morning board a ferry and cruise to scenic and historic **Nantucket Island** featuring a cobblestoned **Main Street**, unspoiled beaches, sea Captains' houses and art galleries. Enjoy



a visit to the **Nantucket Whaling Museum** including its rooftop observation deck overlooking the harbor and other whaling exhibits all reflections of an island that some 300 years ago was the whaling capital of the world. Enjoy some time at your own pace to shop or explore the yacht filled harbor and waterfront. This afternoon board a ferry and return to your Cape Cod hotel. Tonight's **Farewell Dinner** is a traditional **New England Lobster Dinner**.

⊗ (B,D) Overnight: **Hyannis/Yarmouth, MA**

**DAY 7: CAPE COD - BOSTON FLIGHT HOME**

Today transfer to the Boston airport filled with wonderful memories of your Cape Cod & the Islands Tour.

⊗ (B)

**TOUR ACTIVITY LEVEL**

Easy **1 2 3 4** Active



**TRAVEL AND SAVE!**

The Premier Compass Club rewards our valued guests with special recognition and a Compass Club Loyalty Credit on future tours and cruises.

Guests that have completed a trip will automatically be enrolled and will receive an additional \$100 per person or \$200 per couple Compass Club Loyalty Credit applied to their next Premier World Discovery tour or River Cruise. Loyalty Credit is valid for 24 months from your last tour.

For more details and information visit:  
[premierworlddiscovery.com](http://premierworlddiscovery.com)

**HIGHLIGHTS**

- ▶ 5 Nights - Cape Cod
- ▶ 1 Night - Boston
- ▶ Boston City Tour
- ▶ Faneuil Hall Marketplace
- ▶ Martha's Vineyard Tour
- ▶ Nantucket Island Visit
- ▶ Nantucket Whaling Museum
- ▶ Plimoth Plantation
- ▶ Mayflower II
- ▶ Plymouth Rock
- ▶ Provincetown
- ▶ Cranberry Bog
- ▶ Cape Cod Nat'l Seashore
- ▶ Newport, RI
- ▶ Breakers Mansion
- ▶ New England Lobster Dinner

**INCLUSIONS**

- ▶ Roundtrip Airfare - HSV
- ▶ 9 Meals: 6- Breakfasts & 3- Dinners
- ▶ Professional Tour Director
- ▶ Motorcoach Transportation
- ▶ Admissions per Itinerary
- ▶ Sightseeing per Itinerary
- ▶ Baggage Handling at Hotels
- ▶ Hotel Transfers

**ACCOMMODATIONS**

- ▶ 6 Nights First Class Hotel
- ▶ 1 Night - Hyatt Place Boston/Braintree or Le Meridien Boston/Cambridge
- ▶ 5 Nights - Doubletree Cape Cod, Holiday Inn Cape Cod or Courtyard by Marriott Cape Cod, Hyannis

On some dates alternate hotels may be used



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