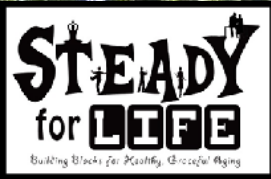


The Ultimate Cajun Country Experience

Oct 14th - 18th, 2019



Join “Steady for Life” for an adventure guaranteed to include all the tastes, sounds, and sights for which “Cajun Country” is famous. Some of our experiences will be a “Living Marine Adventure & Shrimp Boil”, “New Orleans” and a stay at a beautiful Plantation.

Highlights:

- Living Marine Adventure
- Shrimp Boil
- New Orleans City Tour
- Cemetery Tour
- World War II Museum
- Court of Two Sisters
- Mardi Gras World
- New Orleans School of Cooking
- Houmas House Plantation

Lodging:

- Beau Rivage Resort
- Hampton Inn & Suites
- Houmas House Plantation

Price includes:

Fully Escorted Tour, Eight Meals,
All Attractions & Lodging as stated
on itinerary, Luggage Handling.

For Registration & Detailed Itinerary
Contact:

Kim Davis

256-652-2912,
kim.steadyforlife@gmail.com

\$949 PP DbI

\$1395 pp sgl \$ 895 pp trpl

Day One - Monday Oct 14th, 2019 Beau Rivage

Check into the beautiful Beau Rivage Resort and after dinner we will go into Old Town Ocean Springs, see the Biloxi Lighthouse, and catch the sunset on the Gulf of Mexico.

Day Two - Tuesday Oct 15th, 2019 Hampton Inn & Suites Downtown New Orleans

This morning we experience our Biloxi Shrimping Trip! This unique and historical cruise will take us along the protected waters of the Gulf's shoreline and show us all the creatures that inhabit our coastal waters. Upon arriving back we will have an old fashion southern "Shrimp Boil" dockside. After checking in downtown we will enjoy an evening at the New Orleans School of Cooking! **(Breakfast, Lunch & Dinner)**

Day Three - Wednesday Oct 16th, 2019 Hampton Inn & Suites Downtown New Orleans

Today begins with a guided City tour of New Orleans which will also include one of the famous "Cemetery Tours". Next you may spend as much time as you'd like at the National World War II Museum, New Orleans #1 attraction. This evening afternoon you will have time to explore the French Quarter before dinner at the "Court of Two Sisters". The Court of Two Sisters is more than a restaurant – it's a legend. Enjoy luscious Creole and Cajun cuisine while listening to authentic jazz. Passing through the Charm Gates you may make a wish in the Devil's Wishing Well and hear the story of the two sisters, Emma and Bertha. **(Breakfast & Dinner)**

Day Four - Thursday October 17th, 2019 Houmas House Plantation

This morning it's Mardi Gras World, where the Mardi Gras parade has originated each year since 1947. The next portion of our Cajun Country Experience is truly a step back in time! We leave the city for a Plantation experience & Swamp Tour. Before our plantation visit we will ride with the alligators on our Louisiana swampland tour! Here we will journey by boat, Cajun-style, for a back country waterways experience. Then it's off to Houmas House Plantation for a tour, dinner and a night stay. **(Breakfast & Dinner)**

Day Five - Friday October 18th, 2019 - Home

As we say good-bye to Cajun Country, we begin making our way home, stopping along the way to experience where the 2012 Oscar Winning movie, THE HELP was filmed. Lunch will be at the Crystal Grill and Fan & Johnny's restaurants. We will have a great time reminiscing about all we did on our terrific Cajun Country Tour. **(Breakfast)**

\$ 949 Per Person Double

\$1395 Per Person Single; \$895 Per Person Triple

"Travel Insured" policy costs \$69.00

A fully refundable deposit of \$100.00 will hold your reservation, final payment due September 1st, 2019

Make checks payable to: **Steady For Life**, 990 Gilstead Circle, Huntsville, AL 35802

To register or to receive a detailed itinerary please contact:

Kim Davis

256-652-2912, kim.steadyforlife@gmail.com

- The registration form must accompany your deposit. The forms are available on line at www.steadyforlife.org under the TRAVEL TAB, or you may pick one up at the Steady for Life office.
- Make deposit check of \$100 pp payable to Steady for Life and mail to: Kim Davis, 990 Gilstead Circle, Huntsville, AL 35802 or you may bring it to the Steady for Life studio at 7900 Bailey Cove Rd. Ste F on M-W-F mornings.
- Final payments may be made during these hours by credit card, if you wish. A 3.0% convenience charge will be added to balance. Final payments are also accepted by check with no extra charge.