



Our Steady for Life Instructors

NEWSLETTER — 2nd Quarter 2017

256-213-1976

www.steadyforlife.org



KIM'S KORNER

Hello to All our Steadies! It's that time of year - tax time, daylight savings time, and spring time! Are you like me...a little bit of cabin fever? We have some fun things planned for you in the next few months – check out all the happenings, then sign up to participate and support your Steady for Life organization.

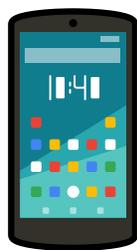


Board member Don Holt and I had fun designing the new banner that we proudly display when we go places to talk about our program. Each of our locations is represented in the collage showing a sampling of our fun-loving classes. Can you find yours? Come along and make more memories with us this year! Details are below.

– Kim Davis, Director
Kim.SteadyForLife@gmail.com

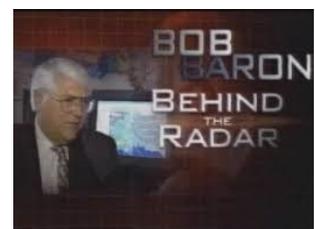
SMARTPHONE & TABLET EXPLORATIONS

In this workshop we will explore some of the things that these smart devices do that can make our lives easier – not more complicated. We will learn how to download applications (apps), use our calendar, and manage device settings. Come learn with our instructors, Shawna Wiggins, Michelle Reavis, and Matt Flynn, on **Tuesday, May 30th from 2:00 to 3:30** at Valley United Methodist Church (1310 Drake Ave). RSVP to kim.steadyforlife@gmail.com.



WEATHER THEN & NOW

Have you been in Huntsville a long, long time? If so, you will remember our handsome, witty, and smart weatherman, Bob Baron. We are going to take a walk down memory lane with Bob on **Tuesday, April 18th at 2:00**. He will be showing us clips of his weatherman days from “way back when” and be sharing what’s happening now at his 20-year company: Baron Services. Baron is developing technology that will help insure that every citizen, every nation, every business and every family is protected by Critical Weather Intelligence.



Come to the Mayfair Church building (1095 Carl T. Jones Dr) and enter the back of the building from Garth Rd. We will have signs directing you to the Garden Room for the presentation. Please let me know that you are coming so that I will have plenty banana pudding, tea & coffee made for you. RSVP to kim.steadyforlife@gmail.com or call 256-213-1976.



IRELAND ARMCHAIR TRAVEL SHOW

Kyle & Amy Farnsworth are part of the Steady for Life group who will be taking the Ireland Tour in May.

They will be documenting the tour with pictures & mementos to share with us all on **Friday, June 30th at 11:00** at All Saints Lutheran Church (12100 Bailey Cove Rd). Come share the excitement.

“LET US ENTERTAIN YOU”

Back by popular demand is our biggest fundraising event from last year, with a new twist! LET US ENTERTAIN YOU will be held **Saturday, June 10th** in Madison and in Huntsville on the SAME DAY!



The venue for the delicious morning brunch (beginning at 9:30) is the brand new Performing Arts Center at Madison Academy, 325 Slaughter Rd. in Madison. Like last year, you will be served at tables decorated with unique and lovely tablescapes. Entertaining us with their beautiful voices will be the ladies *a cappella* ensemble, **Serenade** who have performed together for 28 years. Men & women alike will be refreshed and uplifted by spending the morning with us. Each Steady for Life class will have \$20 tickets for this event available beginning April 10th. Please invite your friends and family to join you; they will be glad they came! You will be directed where to park when you arrive on campus.

Meanwhile, in Huntsville a Steady for Life Committee will be decorating tablescapes at the beautiful fellowship hall at Holmes Street United Methodist Church, 501 Holmes Ave. for a High Tea that will begin at 2:30. **Serenade** will entertain us this afternoon. Our men are invited to join us! You too will enjoy the food that the caterer has planned for this event and the entertainment. Parking will be in the lot directly across the street from the church. Follow the Steady for Life signs to the fellowship hall.

We are looking for 20 committee members to help us with these events. Our first committee meeting will be April 5th at Red Lobster (private dining room in the back). Please plan to meet at 12:30. Tell your instructor if you will help. Many hands make for a light load.

AZALEA FESTIVAL TOUR (April 26th to May 1st)

It's been quite fun explaining to folks what an INTERNATIONAL TATTOO FESTIVAL is! Expect more than 1,000 military and civilian performers from several nations sharing their unique music, dance, culture and their friendship as nations, performances from talented singers, precise military drill displays, traditional pipers and drum performances, traditional Irish dance, and more.

This is but one of the highlights of our Azalea Festival Tour. We will also be attending the Parade of Nations and Azalea Festival with reserved seats, cruising the Elizabeth River, visiting historic homes of the 1907 Jamestown Exposition and taking tours of the Norfolk Naval Base, Chrysler Museum of Art, and the MacArthur Memorial. There will be more fun activities along the way like High Tea at Martha Washington Inn in Abingdon. Final payments are due now. Come join us; we still have room! Cost: \$719 double occupancy.

See all details of our seven remaining trips at www.SteadyForLife.org

MOTHER'S DAY TRIP: MUSIC CITY, USA! (May 15th and 16th)

Mothers will receive special pampering on this trip, but we want our gents to come along too! Experience a lunch show on the General Jackson riverboat while cruising the Cumberland River, visit Loretta Lynn's Home and Museum, Barbara Mandrell's Mansion of Fontanel, and the Johnny Cash Museum. We will enjoy an award-winning show at the Nashville Nightlife Dinner Theater. Cost: \$275 double occupancy.

A TOUR BIGGER THAN LIFE (June 19th to 22nd)

Visit the Kentucky Horse Park, have dinner at Darlin' Jeans Apple Cobbler Cafe, and tour the Ark Encounter: a full sized replica of Noah's Ark! We'll also be touring the Creation Museum and a factory where Toyota cars are made, as well as having a dinner cruise on the Queen City Riverboat with gospel music. We'll also have a surprise for our fathers in celebration of Father's Day. Our finale dinner will be at Monell's in Nashville. This tour is filling fast! Cost: \$489 double occupancy.

BIERGARTEN—SAVE THE DATE!

Steady for Life is one of the non-profit organizations selected to be a recipient of the Biergarten Fundraiser Dinner on **July 27**. Come enjoy German food with us under the rocket at the Space & Rocket Center with a portion of your dinner ticket benefitting our program. Stay tuned for more info in the next newsletter...

DIRECT DEPOSIT

People are carrying less money and using their cards more frequently these days. That's why we are now offering more options to pay your Steady for Life monthly tuition with the bank draft forms that are available at all SFL locations. Take advantage of this easy and safe way to pay your tuition. You don't even have to remember it, as it will automatically pay every month!